

Winter in Galtür – a paradise for sport and relaxation

Galtür, surrounded by the imposing peaks of the Silvretta and Verwall mountains, transforms into a paradise for families, outdoor and winter sports enthusiasts in winter. Whether you want to explore the snow-sure slopes of the Silvapark, enjoy the snow-covered nature on cross-country ski trails or immerse yourself in the deep snow on a ski tour – Galtür offers a wide range of activities that will delight every winter holidaymaker.

Skiing in the Silvapark – six sectors for every requirement

The Silvapark Galtür is a highlight for every family holiday and, with its 43 kilometres of pistes, ten lifts and six unique sectors, has the right offer for every target group. The Silvapark is divided into sectors such as Zwergerlwelt and Abenteuerland, where children and beginners can learn to ski in a safe environment. Freestylers will find their paradise in the action park with its jumps and rails, while freeriders can enjoy challenging slopes and deep-snow descents in the Heldenreich.

Night skiing, which takes place every Wednesday from 06:30 pm to 9:30 pm on floodlit slopes, is particularly popular. Another highlight is the Silvretta ski safari, where skiers can explore the most beautiful panoramic pistes in the Silvretta region in one day. They are taken by ski bus or snow groomer to various slopes in Galtür and Montafon. [More info](#)

Cross-country skiing – 80 kilometres of trails

Galtür is also a dream destination for cross-country skiers. With a network of 80 kilometres of trails, the Ischgl & Galtür cross-country skiing region offers perfect conditions for both classic cross-country skiers and skating fans. The trails are not only scenically impressive, but also ideally groomed. The high-altitude trail to the Silvretta Reservoir, which runs for 18 kilometres, offers a snow-sure cross-country skiing experience at the highest level. For night owls, there is a floodlit trail that is illuminated until 10:00 pm and offers a magical cross-country skiing experience under the stars. [More info](#)

Winter hiking and snowshoeing – pure nature

Away from the pistes, Galtür offers an oasis of peace for hikers. The winter hiking trails lead through the snow-covered landscape on the Paznaun valley floor, in the Vermunt valley and in the Jamtal valley and offer the perfect opportunity to enjoy the beauty of the winter mountain world in silence. Signposted snowshoe hikes in the deep snow slopes of the ski area also make it possible to explore unspoilt areas that are not accessible on normal paths. This activity is suitable for both beginners and advanced skiers and can be undertaken alone or in guided groups. [More info](#)

Ski tours – summits and deep snow experiences

Galtür is a popular destination for ski tourers seeking the challenge of the mountains. The surrounding peaks of the Silvretta mountains offer numerous well-known summits and routes. Touring options in the Jamtal and Vermunt valleys not only offer spectacular views, but also unforgettable deep-snow descents. Guided ski tours with local experienced mountain guides guarantee a safe experience in the high alpine mountain world. [More info](#)

Other activities – Alpine Experience, culture and wellness

For those looking for a special experience, Galtür offers the weekly Alpine Experience Programme. Guided tours on cross-country skis, snowshoes or with torches guarantee a unique experience. Highlight: exploring the winter landscape on two wheels with fat bikes. [More info](#)

The Alpinarium Galtür, a modern museum and cultural centre, offers exciting insights into the history of the region and the challenges of life in the Alps. [More info](#)

Additional relaxation is provided by the Sports and Cultural Centre Galtür, which has an indoor pool, indoor tennis court and other leisure activities for the whole family. [More info](#)

Galtür – A climatic health resort with the ECARF seal of approval

Galtür is the first climatic health resort in Tyrol. The clean, low-pollen mountain air ensures a healthy climate, which is particularly beneficial for people with respiratory problems and allergies. This makes Galtür not only a sporty but also a relaxing winter holiday resort. Galtür also bears the ECARF seal of approval, which recognises the resort and the businesses awarded with it as particularly allergy-friendly. [More info](#)

Further information at [Galtür - the holiday region for families in Paznaun | Galtür](#).

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